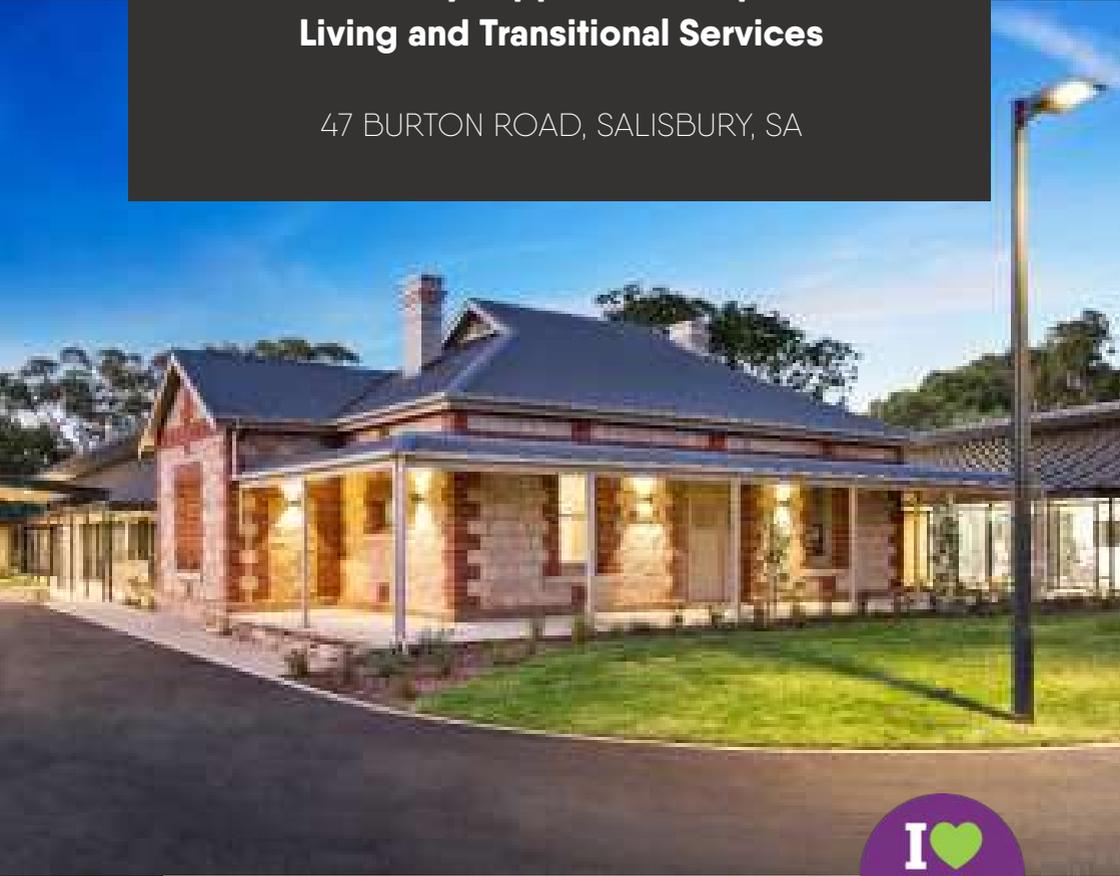


THE GUMS

**Extraordinary Supported Independent
Living and Transitional Services**

47 BURTON ROAD, SALISBURY, SA



www.sacare.com.au/thegums



WHO IS SACARE?

sacare is a South Australian, family-owned provider of world-class housing and support services for people living with disability. We believe that every person should have access to the very best services and accommodation, enabling them to live enriched, fulfilled and independent lives. Our team of qualified, committed and professional staff love what they do and it shows. Everyday, we help people to achieve their goals and we love nothing better than to see our clients thrive.



ABOUT THE GUMS

The Gums is sa**care**'s newest property for people who need high quality healthcare, injury recovery and transitional services over the short, medium or long term – **The Gums sets a new standard in care for people living with disability.**

Offering stunning accommodation and multi-disciplinary therapy delivered by our skilled team of allied health professionals, registered nurses and our wonderful support staff. The Gums provides our clients with the opportunity to live their best life. Purpose-built, the property is set within a beautiful sensory garden and equipped with state-of-the-art technologies.

Aimed at providing complex care, capacity building and transitional services to people who:



Require nursing and allied health inputs, while transitioning through recovery to permanent stability.



Require a tailored therapy program to suit individual needs and goals.



Require transitional purpose built accommodation.



The Gums includes 8 rooms dedicated to clients with high or complex care needs, and an additional 9 residential units providing 12 private bedrooms for transitional clients with low to moderate care needs.



Bedrooms for high or complex care need participants



Independent Living Units

The Gums is located in Salisbury, right beside the Para River, within walking distance to shopping, recreational and medical facilities.



WHAT TO EXPECT AT THE GUMS

At The Gums, our team integrates **high-quality personal support and care services with multi-disciplinary therapy** to provide our clients with the very best opportunities to achieve their goals.

At The Gums, everyone can expect and will receive high-quality core support, including:

- Nutritionally balanced meals designed by a dietician
- 24-hour onsite specialised support including registered nurses
- Fully qualified clinical staff
- Individual personal care planning
- Cleaning and laundry services
- Multi-lingual carers
- Gymnasium and large heated indoor hydrotherapy pool with ceiling lifter
- Beautifully landscaped and secure sensory gardens
- Coordinated lifestyle activities
- 24/7 urgent response and nurse call system
- Counselling, allied health consultation, and conference rooms
- 1 Wheel chair accessible bus to share with other residents
- Extensive security measures (facility/room access, sensor lighting, etc.)

MENU OF SERVICES

Additional to core supports available at The Gums on the previous page, **sacare** provides the following services.

- **THRIVE Program**
Evidence based program and person-centre approach, supporting participant's therapy goals. (See page 10 for details).
- **Hydrotherapy / Gym access**
- **Transitional Supports** including therapy based community access and independent living facilitation
- **Individual Care Capabilities**
 - Ventilated clients
 - PEG / NG feeding
 - Complex behaviours
 - Non-ambulant clients requiring ceiling hoists and maximal assistance
- **Dedicated group programs**
Including recreational activities (gardening, art classes, cooking, reading group etc.)
- **Community - out patient services**



We work closely with our clients and their families to develop a care plan that best suits them and their recovery.

FEATURES IN YOUR ROOM

All spacious bedrooms and units are completely furnished with the ability to personalise your private space.

BEDROOM FEATURES

- Ceiling lifter connected to bathroom Nursecall
- Salto access control system: all residents can access their room or unit via a mobile phone or swipe tag
- Direct access to private courtyard
- Large TV
- Built in robes
- Home automation systems in all bedrooms and units for control of the clients personal environment
- Individual climate controlled bedrooms
- Android tablet to control:
 - Air-conditioning
 - TV
 - Lights
 - Other devices as configured
 - Accessing the internet
 - Email
 - Calendar
 - Fitbit data
- Personal fit bit to monitor your health
- Private ensuite with ceiling lifter and adjustable sink and toilet
- Wireless internet

INDEPENDENT LIVING UNIT FEATURES

- Private lounge with large TV
- Dining room
- Accessible kitchen/laundry
 - Dishwasher
 - Stove
 - Sink
 - Fridge
 - Microwave
 - Kettle and toaster
 - Washing machine
- Bedroom with ceiling lifter
- Private courtyard
- Home automation system to control:
 - Lights
 - Front door
 - Air-conditioning
 - TV
 - Music
- Android Tablet (if required)
- Free WiFi
- Automated doors to bedrooms in the highcare and front doors of the independent living units





sacare clients at The Gums are offered access to our award-winning THRIVE Program that focuses on client's meaningful goals to encourage a thriving engagement in their lives.

THRIVE, an evidence-based program, is about increasing positive emotion through therapies, including psychotherapies and counselling.

It is individually tailored to each participant's meaningful goals, to ultimately improve their wellbeing and ensure they are living their best life. THRIVE uses recreational activity, counselling and holistic therapies to engage participants, their families or carers in their community and reduce behaviours of concern.

Through THRIVE, we also offer resilience training to the participant's support network to ensure a successful transition into the community.

THRIVE stands for:

Therapeutic

Holistic

Relationships

Inclusion

Vitality (the state of being strong and active)

Engagement

Since participating in the THRIVE Program, James reduced his behaviours of concern by 75% within two months.





“THE GUMS” WILL STRIVE
TO **ENABLE INDEPENDENCE**
FOR CLIENTS BY PROVIDING
INDIVIDUALISED PROGRAMS
SUITED FOR EACH PERSON.

TRANSITIONING FROM THE GUMS: COMMUNITY SERVICES

Our priority is to provide our clients at The Gums with **the very best opportunities to progress to the next stage in their life**, and this will vary for everyone.

We know that many will need continued support once transitioned back into the community, so we ensure that all of our clients are provided with the services and care they need to continue their recovery away from The Gums. Regardless of whether a client stays at The Gums for a short or long period of time, we provide the following range of services to ensure you are supported once transitioned back to community.

- THRIVE program
- Community participation, including access to an extensive variety of activities (i.e. art classes, guided meditation and chair yoga)
- Access to our world-class sensory gardens
- Gym and hydrotherapy pool access
- Specially designed daily living programs
- Travel and transport services
- In-home services



The **sacare team is available to our clients at The Gums through our 24-hour service and every one of us are committed to delivering service excellence.**

EXCEPTIONAL STAFF

Our people are at the heart of everything we do. They are dedicated, caring and compassionate and **everyday they provide the highest level of service to our clients.**

Our team at the The Gums, and across **sa**care****, brings a wealth of knowledge and experience to our clients, ensuring those with the most complex needs receive extraordinary day-to-day care. Their wide-ranging skills extend from critical care nursing and mental health support, to occupational therapy, diabetes management, and working with people with complex and challenging behaviours.

From our senior management, exceptional administration, to qualified allied health professionals, we have recruited the very best, and we are extremely proud of them and the continued care they provide to our clients living with disability.

SUPPORTING FAMILIES

We understand how important families and friends are to our clients and their recovery, and we embrace them. **sacare** extends meaningful support to families and friends of clients at The Gums, and we offer guidance to help them support their loved ones.

We will ensure our dedicated client liaison team keeps you informed every step of the way, and we will provide assistance with navigating the NDIS, housing options, your equipment and transitional care needs. **sacare** has built excellent relationships with nearby accommodation providers to assist families and friends with their own temporary accommodation, where necessary.

Our team can help you through every step of the support process...





For more information about **sacare's** The Gums or if you have any questions or enquiries about residency and/or our services email: referrals@sacare.com.au or call **1300 145 636**.

sacare is an approved NDIS provider and works closely with:



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